



Assessments will contain selected response items as well as writing prompts.

from **“Dreams Have a Meaning”**

by Sigmund Freud

- 1 In what we may term “prescientific days” people were in no uncertainty about the interpretation of dreams. When they were recalled after awakening, they were regarded as either the friendly or the hostile manifestation of some higher powers, demoniacal and Divine. With the rise of scientific thought the whole of this expressive mythology was transferred to psychology; today there is but a small minority among educated persons who doubt that the dream is the dreamer’s own psychical act.
- 2 But since the downfall of the mythological hypothesis an interpretation of the dream has been wanting. The conditions of its origin; its relationship to our psychical life when we are awake; its independence of disturbances which, during the state of sleep, seem to compel notice; its many peculiarities repugnant to our waking thought; the incongruence between its images and the feelings they engender; then the dream’s evanescence, the way in which, on awakening, our thoughts thrust it aside as something bizarre, and our reminiscences mutilating or rejecting it—all these and many other problems have for many hundred years demanded answers which up till now could never have been satisfactory. Before all there is the question as to the meaning of the dream, a question which is in itself double-sided. There is, firstly, the psychical significance of the dream, its position with regard to the psychical processes, as to a possible biological function; secondly, has the dream a meaning—can sense be made of each single dream as of other mental syntheses?
- 3 Three tendencies can be observed in the estimation of dreams. Many philosophers have given currency to one of these tendencies, one that at the same time preserves something of the dream’s former over-valuation. The foundation of dream life is for them a peculiar state of psychical activity, which they even celebrate as elevation to some higher state. Schubert, for instance, claims: “The dream is the liberation of the spirit from the pressure of external nature, a detachment of the soul from the fetters of matter.” Not all go so far as this, but many maintain that dreams have their origin in real spiritual excitations and are the outward manifestations of spiritual powers whose free movements have been hampered during the day. A large number of observers acknowledge that dream life is capable of extraordinary achievements—at any rate, in certain fields.
- 4 In striking contradiction with this, the majority of medical writers hardly admit that the dream is a psychical phenomenon at all. According to them dreams are provoked and initiated exclusively by stimuli proceeding from the senses or the body, which either reach the sleeper from without or are accidental disturbances of his internal organs. The dream has no greater claim to meaning and importance than the sound called forth by the ten fingers of a person quite unacquainted with music running his fingers over the keys of an instrument. The dream is to be regarded, says Binz, “as a physical process always useless, frequently morbid.” All the peculiarities of dream life are explicable as the incoherent effort, due to some physiological stimulus, of certain organs, or of the cortical elements of a brain otherwise asleep.

- 5 But slightly affected by scientific opinion and untroubled as to the origin of dreams, the popular view holds firmly to the belief that dreams really have got a meaning, in some way they do foretell the future, whilst the meaning can be unraveled in some way or other from its oft bizarre and enigmatical content. The reading of dreams consists in replacing the events of the dream, so far as remembered, by other events. This is done either scene by scene, according to some rigid key, or the dream as a whole is replaced by something else of which it was a symbol. Serious-minded persons laugh at these efforts—"Dreams are but sea-foam!"
- 6 One day I discovered to my amazement that the popular view grounded in superstition, and not the medical one, comes nearer to the truth about dreams. I arrived at new conclusions about dreams by the use of a new method of psychological investigation, one which had rendered me good service in the investigation of phobias, obsessions, illusions, and the like, and which, under the name "psycho-analysis," had found acceptance by a whole school of investigators. The manifold analogies of dream life with the most diverse conditions of psychical disease in the waking state have been rightly insisted upon by a number of medical observers. It seemed, therefore, a priori, hopeful to apply to the interpretation of dreams methods of investigation, which had been tested in psychopathological processes. Obsessions and those peculiar sensations of haunting dread remain as strange to normal consciousness as do dreams to our waking consciousness; their origin is as unknown to consciousness as is that of dreams. It was practical ends that impelled us, in these diseases, to fathom their origin and formation. Experience had shown us that a cure and a consequent mastery of the obsessing ideas did result when once those thoughts, the connecting links between the morbid ideas and the rest of the psychical content, were revealed which were heretofore veiled from consciousness. The procedure I employed for the interpretation of dreams thus arose from psychotherapy.
- 7 This procedure is readily described, although its practice demands instruction and experience. Suppose the patient is suffering from intense morbid dread. He is requested to direct his attention to the idea in question, without, however, as he has so frequently done, meditating upon it. Every impression about it, without any exception, which occurs to him should be imparted to the doctor. The statement, which will be perhaps then made, that he cannot concentrate his attention upon anything at all, is to be countered by assuring him most positively that such a blank state of mind is utterly impossible. As a matter of fact, a great number of impressions will soon occur, with which others will associate themselves. These will be invariably accompanied by the expression of the observer's opinion that they have no meaning or are unimportant. It will be at once noticed that it is this self-criticism, which prevented the patient from imparting the ideas, which had indeed already excluded them from consciousness. If the patient can be induced to abandon this self-criticism and to pursue the trains of thought which are yielded by concentrating the attention, most significant matter will be obtained, matter which will be presently seen to be clearly linked to the morbid idea in question. Its connection with other ideas will be manifest, and later on will permit the replacement of the morbid idea by a fresh one, which is perfectly adapted to psychical continuity.

Excerpt from "Dreams Have a Meaning" by Sigmund Freud. *Dream Psychology: Psychoanalysis for Beginners*. Copyright 1921. The James A. McCann Company, New York.

1. What does the word *evanescence* mean as it is used in paragraph 2?

- A** evaporation
- B** isolation
- C** misperception
- D** withdrawal

2. Which *two* details provide evidence to support the central idea that there are three beliefs as to the origins of dreams that are widely accepted?

- A** There is no accurate method of dream interpretation.
- B** Dreams originate as forms of spiritual activities.
- C** Dreams begin as physiological responses.
- D** Dreams are symbols that represent events or problems in our futures.
- E** The search for a connection between conscious and unconscious thoughts is continual.

Part A

3. How does the author use structure in paragraph 6 to clarify the relationship between obsessions and dreams?

- A** by using description to show how obsessions impact daily life
- B** by using procedural order to detail the methodology of interpreting dreams
- C** by using comparison and contrast to reveal the parallelism in the origins of obsessions and dreams
- D** by using cause and effect to show how dreams can be interpreted through the analysis of obsessions

Part B

4. Which quotation from paragraph 6 provides support for the answer in Part A?

- A** "The manifold analogies of dream life with the most diverse conditions of psychical disease in the waking state have been rightly insisted upon by a number of medical observers."
- B** "It seemed, therefore, a priori, hopeful to apply to the interpretation of dreams methods of investigation, which had been tested in psychopathological processes."
- C** "Obsessions and those peculiar sensations of haunting dread remain as strange to normal consciousness as do dreams to our waking consciousness; their origin is as unknown to consciousness as is that of dreams."
- D** "Experience had shown us that a cure and a consequent mastery of the obsessing ideas did result when once those thoughts, the connecting links between the morbid ideas and the rest of the psychical content, were revealed which were heretofore veiled from consciousness."

<h2>Writing Prompt</h2>

Writing prompts for language arts will be scored by teachers in each school/district using rubrics and/or scoring guides provided by Instructure.

You have read the passage from "Dreams Have a Meaning." Write an essay that analyzes the differences between scientific and popular views regarding the meanings of dreams. Use evidence from the passage to support your response.

There are **five** words or phrases in the passage that are underlined to show they may be incorrect. For each underlined word or phrase, choose the correct replacement.

“The Greatest American Humorist”

Mark Twain is known as one of America’s most beloved authors and humorists. His literary contributions, like *The Adventures of Huckleberry Finn* and *The Adventures of Tom Sawyer*, earned him the recognition of being “the Greatest American Humorist of his age” and “the father of American literature.” Because of his achievements, most of us are familiar with his life however, there are several facts not as commonly discussed that add a sweet flavor to his history much like icing on a cake.

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Baby Samuel Langhorne Clemens was born prematurely in a two-room shack located in Florida, Missouri. On that cold November day in 1835 and throughout a frail infancy and sickly childhood, his mother, Jane, admitted, “When I first saw him I could see no promise in him.” Little did she know how much international promise that little baby would one day have!

There were many names that Samuel thought about using before listing Thomas Jefferson Snodgrass as his first pseudonym for a number of humorous pieces he wrote for the Keokuk Post, Rambler, W. Epaminondas Adrastus Blab, and Josh. Later he chose his now infamous pseudonym Mark Twain after spending time on a steamboat cruising down the Mississippi River and hearing the crew call out “Mark twain,” letting the captain know that it was safe to navigate through the waters. This man’s creativity and talents “ran circles around” his peers, but that was the only running he did. He loved to stay in bed and write, so much that reporters often interview him as he was relaxing in his bedroom. He once said, “I have never taken any exercise, except sleeping and resting, and I never intend to take any.” This lack of physical activity probably developed as a result of him having to spend his childhood inside due to his many illnesses.

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Having been born under unusual circumstances, it was only fitting that he died the same way. Twain was born as a comet passed, and he told a reporter in 1909, “I came in with Halley’s Comet in 1835. It is coming again next year (1910), and I expect to go out with it. It will be the greatest

disappointment of my life if I don't." His wish was granted when he died April 21, 1910, two days after Halley's Comet had reached its closest point to the Sun.

Through the numerous titles Mark Twain has given us, one of his most treasured thoughts is found in this advice: "Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover." Thanks, Mark Twain, for practicing what you preached!

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6. Replace life however, with:

- A life however,
- B life; however,
- C life; however
- D life, however

7. Replace Keokuk Post, Rambler, W. Epaminondas Adrastus Blab, and Josh with:

- A *Keokuk Post, Rambler, W. Epaminondas Adrastus Blab, and Josh*
- B *Keokuk Post...Rambler, W. Epaminondas Adrastus Blab, and Josh*
- C *Keokuk Post : Rambler, W. Epaminondas Adrastus Blab, and Josh*
- D *Keokuk Post. Rambler, W. Epaminondas Adrastus Blab, and Josh*

8. Replace pseudonym Mark Twain after with:

- A pseudonym Mark Twain after
- B pseudonym: Mark Twain after
- C pseudonym Mark Twain; after
- D pseudonym, Mark Twain, after

9. Replace so much that reporters often interview him as he was relaxing with:

- A** so much that reporters often interview him as he was relaxing
- B** so much that reporters often interview him as he is relaxing
- C** so much that reporters often interviewed him as he relaxes
- D** so much that reporters often interviewed him as he was relaxing

10. Replace practicing what you preached with:

- A** practicing what you preached
- B** making mistakes to help us learn
- C** teaching us to write well
- D** lecturing us on life's lessons